

HEALTH CARE, WELLNESS Resume Examples

This packet includes sample resumes for the **HEALTH CARE, WELLNESS** Career Community. These are examples of good practices in resume writing, demonstrating that you have choices you can make with formatting and style. We intentionally did not provide an example for every major or job type.



APRIL FLOWERS

333 Apple Street
Philadelphia, PA 19104

555-444-6767
af123456@wcupa.edu

EDUCATION:

West Chester University of Pennsylvania, West Chester, PA

Bachelor of Science in Nutrition and Dietetics

Anticipated Graduation May 2017

- GPA: 3.93
- **Awards:** 2015 EAPSU Scholarship Recipient for Leadership and Academic Achievement; Dean's List

RELATED INVOLVEMENT:

Member of Student Dietetic Association, West Chester University of Pennsylvania

August 2014-Present

- Leadership Role: **Community Coordinator**; connecting the club with opportunities in the community, making the community aware of club events and working on professional networking.
- Founder and coordinator of WCU Nutrition and Dietetic Research Discussion Group

Sports Nutrition Interest Group Member (SNIG) at West Chester University

September 2015-Present

- Planned, organized and executed *Exercise is Medicine Day* event participation
- Conducted tour of healthy cafeteria food options for various men's teams
- Prepared and delivered Sports Nutrition education session to young athletes attending summer sports campus at WCU

FeelGood: Vice President

August 2014-Present

- Lead chapter of FeelGood a college movement that raises money to donate to organizations that end extreme poverty
- Coordinate with fellow board members to execute events, schedule and run meetings, running meetings, and handling finances

WORK EXPERIENCE:

Whole Foods Market, Philadelphia, PA

2014-Present

Customer Service Team Member; Healthy Eating Ambassador

- Assisted the Healthy Eating Specialist in store events and projects
- Provided excellent customer service; participated in quarterly store inventories

SKILLS:

- Experienced in Microsoft Office Suite
- Meal planning for sports performance
- Experienced in research process, including literature reviews, survey design, IRB submissions, etc.
- ServSafe Manager Certified, Fall 2016

NUTRITION VOLUNTEERING:

- Metropolitan Area Neighborhood Nutrition Alliance (MANNA) – Early Bird Volunteer
- The Melton Center - Teach, under supervision of RD, nutritional education lesson for children grades K-7
- Created meal plans for 6 Type I Diabetic children

NANCY NURSE

484.555.5555 | 456 Ram Road West Chester, PA 19383 | nn123456@wcupa.edu

EDUCATION

Bachelor of Science in Nursing (December 2017)

West Chester University of Pennsylvania, West Chester, PA

- GPA: 3.57; Dean's List

CERTIFICATIONS & SKILLS

CPR, First Aid, AED Certified (Through December 2017)

American Sign Language (Basic Understanding)

CLINICAL EXPERIENCE

Wilmington Hospital- **Psychiatric** (Fall 2016)

Chester County Hospital- **PINU** (Fall 2016)

Neighborhood Health Association (Summer 2016)

Abington Hospital- **Telemetry** (Summer 2016)

Friends Senior Living Community (Spring 2016)

Alfred I. DuPont Children's Hospital (Spring 2016)

Bryn Mawr Rehabilitation (Fall 2015)

Chester County Hospital- **Maternity** (Fall 2015)

Summary of Skills:

- Aided patients with chronic health problems
- Administered medications and completed follow-up procedures
- Supported patients by providing a comfortable and therapeutic environment
- Performed routine assessments on adults, children and infants
- Communicated with patients' families
- Engaged in activities with children who had physical and mental disabilities
- Taught and promoted preventative care and healthy lifestyle choices
- Facilitated small group workshops to help patients develop adaptive strategies
- Collaborated with hospital staff to provide quality care to patients and visitors
- Wrote and updated patient progress charts

RELATED EXPERIENCE

Child Life Program Volunteer (September 2014-Present)

Nemours/Alfred I. duPont Hospital for Children, Wilmington, DE

- Provide a comforting environment for children dealing with illnesses
- Assist specialists with development and implementation of programs
- Support children through self-expression activities and play

Assisted Living Care Giver (June 2015-Present)

Sunrise Senior Living, West Chester, PA

- Ensure a comfortable and welcoming environment for residents
- Participate in field trips and activities with residents
- Offer quality care through ongoing support, including bathing, changing and feeding patients
- Manage confidential patient files

PROFESSIONAL DEVELOPMENT & ACTIVITIES

Student Nurse's Association of PA (SNAP), West Chester University

- Collaborate with fellow members to promote awareness of health and wellness

Colleges Against Cancer, West Chester University

- Support local patients and organizations through frequent community service
- Coordinate and participate in an annual 24-hour Relay for Life event on campus

Mary Kline Professional Day, Volunteer (Fall 2015, Fall 2016)

Society of Pediatric Nurses, Member (2014-Present)

Taylor R. Helper

91 Flintstone Drive • Lanstown, PA 19406 • 123-345-5678 • TH647583@wcupa.edu

EDUCATION

West Chester University of Pennsylvania, West Chester, PA

Bachelor of Science in Public Health: Health Promotion

May 2017

- GPA: 3.83
- Certified Health Education Specialist Exam (Feb 2014)

Honors: Academic Dean's List, Fall 2014-Spring 2016

Completed coursework: Program Planning & Evaluation, Health Behavior, Chronic and Communicable Diseases, Health Marketing and Communications, Health Curriculum and Instruction, Public/Community Health, Health Care Delivery, Transcultural Health

LEADERSHIP

Alpha Phi Omega National Service Fraternity, WCU

Sep 2014 - Present

- Vice President of Membership (2015): Mentored 12-member Spring 2013 pledge class
- Coordinated team of 30 volunteers; Awarded "Best Theme."
- Scouting & Youth Chair (2014): Liaison for youth-based organizations; coordinated weekly service opportunities

Delta Chi Fraternity, West Chester University

Sep 2013 - Present

- Public Relations Chair (2013)

Pennsylvania Public Health Association, Student Member

Sep 2013 - Present

EXPERIENCE

Data Entry Specialist, Icon Clinical Research, North Wales, PA

Sep 2016 - Present

- Assisted CDC in managing confidential study information
- Processed departmental query requests, serving as a liaison to site coordinators for query resolution

Summer Support Coordinator, Kennett Square Family Center

May - Aug 2016

- Developed new standards-based curriculum for Elementary Transition Program
- Supervised 20 children during the three-hour school day
- Coordinated additional summer programs revolving around topics of health habits for kids

Volunteer, Kennett Square Family Center

Jun 2014 - Apr 2016

- Assisted with community-based events on a monthly basis, honing communication and teamwork skills through interactions with colleagues and clientele
- Performed administrative duties including organizing files and reports, writing correspondence, and ordering supplies
- Coordinated Dental Health Fair in June 2009 for 70 participants

CONFERENCES

Integrative Health Conference, Childhood Obesity Trends, WCU

Mar 2016

Health Education Advocacy Summit, Washington D.C.

Mar 2015

Volunteer Leadership Retreat, West Chester University, PA

Sep 2014

Executive Leadership Retreat, Camp Saginaw, PA

Sep 2014

John Q. Public

90 Maple Blvd.
Drexel Hill, PA 19026
484-333-4444 • JPublic@gmail.com

EDUCATION

West Chester University of Pennsylvania, West Chester, PA

Bachelor of Science in Respiratory Care, May 2017

- Cumulative GPA 3.42 Major GPA: 3.57

Relevant Coursework: Mechanical Ventilation, Hemodynamics, Life Support Systems

Delaware County Community College, Media, PA

- Transferred to West Chester after two semesters of coursework

CLINICAL ROTATIONS

September 2016 - present

Thomas Jefferson University Hospital, Lankenau Medical Center, A.I. DuPont Hospital for Children, Children's Hospital of Philadelphia, Paoli Memorial Hospital, Chester County Hospital, Praxair Healthcare, and Genesis Healthcare.

Summary of Skills:

- Performed work in critical care units as well as on the floors.
- Suctioning, extubation, tracheostomy care, ventilator set-up/breakdown, Arterial Blood Gases, BiPap/CPAP set-up/breakdown, auscultation of breath sounds, and EKG monitoring.
- Explained the treatment to clients and assisted the senior respiratory therapist with execution.
- Implemented contemporary digital techniques for gauging and monitoring arterial gas mix, blood flow and volume.
- Updated the patients' medical records in to a computerized system that made retrieval easier and enhanced useful data storage.

WORK EXPERIENCE

Sterling Optical, Glen Mills, PA

Laboratory Manager/Technician

June 2014 - present

- Train and supervise optometric staff on customer service, time management, and laboratory procedures.
- Communicate effectively with physicians and clients, ensuring more accurate orders and adjustments to prescriptions.
- Troubleshoot problems with laboratory equipment, successfully resolving most problems without having to seek external service and repair.

SKILLS & CERTIFICATIONS

- Educated patients for home care
- Operated and maintained monitors of biomedical equipment
- Charting and documentation of patient care
- CPR and AED Certified, American Heart Association, 2012-current

ASSOCIATIONS

- *American Association for Respiratory Care*, Member, 2014-present
- *WCU Respiratory Care Society*, Treasurer, 2014-2016

Michael A. Preston

123 Main Street, Smalltown, PA
000-000-0000 / MP123456@wcupa.edu

PROFESSIONAL SUMMARY

Extensive background in providing information to the public about health issues and prevention practices care. Ready to use expertise in the public health field to build an organization's reputation with its community.

CORE QUALIFICATIONS

- Experience in specialized public health programs and the development of public health strategies and alternatives
- Solid skills at innovative program management training and designing curriculums that are concise and informative
- Knowledge of local and state techniques methods processes and guidelines for delivering information about the public health system
- Excellent communicator capable of delivering clear and concise instructions through a range of channels such as newsletters email courses and more

EXPERIENCE

Public Health Advisor

The Philadelphia Medical Group

3/1/2012 – Present

Philadelphia, PA

- Liaison to grantees providing budget counseling program strategies finance recording technical assets and program monitoring
- Closely monitor project planning budget coordination implementation evaluation and close-out of grantee tasks and milestones
- Counsel assigned grantees with administrative and managerial advice on project goals
- Identify potential issues offering strategies for improvement and suggesting resources for better productivity
- Assisted IISB staff with ARRA Immunization supported objectives
- Distribute medicines and nutritional supplements samples providing usage directions as per manufacturer
- Provide technical assistance to community centers in the development and implementation of public health programs

SKILLS

- Microsoft Office
- Conversational Spanish

MEMBERSHIPS

- APHA – member

9/2015 - Present

EDUCATION

Master of Public Health

West Chester University

5/2016

West Chester, PA

Bachelor of Science, Psychology

West Chester University

5/2012

West Chester, PA