

West Chester University of Pennsylvania
Department of Public Safety

Top Ten Ways to Not Become a Victim

- #10 Report suspicious activity to the police immediately
- #9 Make others aware of your travel plans
- #8 Be more prepared by having “what if” plans
- #7 Keep valuables secure and out of view
- #6 Walk with confidence and look less like a potential target
- #5 Avoid abusing drugs and alcohol
- #4 Avoid walking alone in unfamiliar areas
- #3 Be alert and aware of your surroundings
- #2 Know your own physical limitations
- #1 Participate in a self defense education course