



## CAMP MAY ABILITIES PA @ WCU

SEEKING PERFORMANCE
COACHES
REGISTER HERE



Camp Abilities PA @ WCU is a sports camp for youth (ages 7-17) who are blind or have low vision. The purpose of the camp is to empower children to be physically active, improve their overall health and wellness, encourage them to make food choices that support an active lifestyle, and develop their confidence and self-esteem through sport and physical activity.

Coaches provide one-on-one instruction during all physical activities and events. This overnight camp experience includes 5-a-side soccer, cross-country and track running, field events, tandem biking, and swimming, with opportunities to participate in goalball, football, golf, lacrosse, frisbee, and beep baseball.

