CAMPUS CUISINE CONNECTION



What's Hot in WCU Dining

September 2024

Sustainability in Dining

West Chester University is excited to announce a new sustainable dining initiative aimed at reducing single-use plastics on campus. Students & Staff can now purchase a reusable plastic to-go container for **just \$5** at The Commons cashier. Once used, the container can be returned to The Commons cashier, where it will be exchanged for a clean one. This program not only supports environmental sustainability but also offers a convenient and eco-friendly option for enjoying takeout meals. Join us in making a positive impact on our campus and our planet.

Welcome Back, Ram Fam!

As we embark on a new academic year, the entire Dining Services team is excited to welcome you back to campus!

We hope you had a restful summer and are ready for the opportunities and challenges that lie ahead.

Our team has been hard at work preparing to provide you with a fresh, diverse, and delicious dining experience this semester. Whether you're grabbing a quick coffee or sitting down for a meal with colleagues, we're here to make sure your dining experience is top-notch.

We are committed to supporting you in every way we can, whether it's keeping you fueled for a day of teaching, research, or simply providing a space to relax and recharge. Your well-being is our priority, and we're here to ensure that your dining experience is both enjoyable and nourishing.

Thank you for your continued support. We look forward to serving you and making this semester a great one!

Here's to a fantastic year ahead!

Nick Ventrola

WCU Dining Services, Resident District Manage



The Commons has officially introduced fantastic new offerings to elevate your meals. Enjoy themed Chef Bowls rotating each week, indulge in our Panini Station every Tuesday and Thursday at lunch, and don't miss the latest addition to the Rams Head Food Court—Snap Pizza, now serving up delicious custom pizzas. Whether you're a regular visitor or exploring campus dining for the first time, these updates are sure to make your dining experience more delightful and convenient.



Make sure to stop by and try the NEW Mac & Cheese at Chick-fil-a!

Upcoming Dining Events Across Campus

September 4:

Qdoba's Grand Opening (701 S. High Street) 11a-1p

September 5:

Tailgate Party in Commons Dining Hall

September 6:

Last Day to Qualify for Staff & Faculty Meal Plan Incentive

September 12:

Smokehouse Pop Up in Commons Dining Hall at lunch

September 16:

Farmer's Market outside SECC (rain location, Commons Foyer) 1030a-2p

September 17:

Bento Sushi Grand Opening @ Svkes 11a-1p

September 18:

Student Roundatable

September 25:

\$5 Commuter Lunch



Our New Health and Wellness Program

Stress is an inevitable part of life; it can take a toll on our physical health, emotional wellbeing, and academic success unless they learn to manage it appropriately. With Take 15 initiative is to encouraging everyone to take 15 minutes

away from their study or work environment to unwind and recover from stress. Whether you're dining in, grabbing a meal to-go, or using our mobile ordering system, we've made it easier than ever to enjoy a quick and nutritious break.

Remember, taking just 15 minutes can make a big difference in your day!

Join us in making "Take 15" a part of your daily routine and experience the benefits of refueling both your body and mind.



Catering September Monthly Menu



KOREAN BARBEQUE SALMON \$32.99 per person

BUILD YOUR OWN
STEAK & BLEU SALAD
\$27.99 per person

OIL CAKE

GOAT CHEESE
ESPRESSO BROWNIES

Reach out to the New Street Catering office to place your order (610) 436-3130 or NewStreetCatering@wcupa.edu

