2016 Philadelphia Heart Walk Chair
Robert Cottone, IMC Construction

October 15th, 2016
8:00AM – Noon
West Goshen Park

Goal: $2,400,000

Take the First Steps to a Heart Healthy Community
Join the American Heart Association and more than 1,000 of your friends, neighbors and co-workers as we walk to raise awareness and funds to fight heart disease and stroke.

Walk in honor of a loved one or to celebrate the steps you are taking to live a healthier life.

There is no fee to participate, but participants are encouraged to raise money to help fund life-saving research and programs in our community. In the Greater Philadelphia Area alone, the American Heart Association funds over $11 million in research!

As the American Heart Association’s signature fundraising event, the Heart Walk promotes physical activity and heart-healthy living in a fun, family environment.

- 3-mile walk route (optional 1-mile route for survivors)
- VIP area available to our Top Walkers
- Pet Zone, refreshments, live entertainment and much more!

Festival area provides an opportunity for corporate and family teams to celebrate their health and wellness success over the year.

FOR MORE INFORMATION
215-575-5253
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www.heart.org/phillywalk