6. One Word
Come up with and paint a canvas that displays your one word that has the power to increase your job satisfaction, create a sense of purpose, sustain a healthy work and personal environment, etc. Also, set goals and gain strategies on how you can plan to live out your one word each day to have meaningful and sustained results. Based on John Gordon’s "One Word that Will Change Your Life." (1.5-2.5 hours)

7. Road to Our Future
This highly interactive program takes teams and departments on a journey of visioning, planning, and “mapping out” their desired 2-5 year destination with minimal disruptions and “plenty of gas in the tank.” It is an innovative, fun, engaging, and meaningful way to do strategic planning using art supplies and creativity. (2-3 hours)

8. The Office Space Game Show
Work in teams and find out fun and factual things you may not have known about your co-workers. Show your team spirit by filling out a questionnaire and have it turned into your own game show! (1 hour)

9. The Generation Who? Game Show
Learn fun facts about all four generations in the workplace and gain some strategies on how to adapt your communication style. You'll be given the opportunity to share your own generational perspective too! (1 hour)

Key focus areas for each retreat is documented in the chart below.