

# SPRING 2018 ADP ACADEMIC SUCCESS WORKSHOP & ACTIVITY SCHEDULE

Workshop/Activity	Description	Date & Time	Location	Facilitator/s
<b>I Got the Keys: Setting Goals &amp; Managing Time Workshop</b>	This workshop will guide students in learning effective ways to manage time and establish concrete goals.	<b>Monday, February 5<sup>th</sup></b> 12:00-1:00pm 4:00-5:00pm  <b>Thursday, February 8<sup>th</sup></b> 12:30-1:30pm 4:00-5:00pm	*All workshops will be held in Sykes, Room 210	Dr. Wooten
<b>Lunchtime Chat &amp; Chew</b>	Join ADP faculty and staff for lunch to check in and discuss experiences at the university.	<b>Tuesday, February 20<sup>th</sup></b> <b>12:30-1:30pm</b>	<b>Sykes Food Court</b>	ADP Faculty/Staff
<b>Star Wars: The Text Awakens</b>	As the galaxy faces the threat of poor reading comprehension and apathy toward reading, join the resistance and learn how to effectively implement active textbook reading strategies when navigating college textbooks.	<b>Tuesday, February 27<sup>th</sup></b> 11:00am-12:00pm 2:00-3:00pm  <b>Wednesday, February 28<sup>th</sup></b> 12:00-1:00pm 5:00-6:00pm	*All workshops will be held in Sykes, Room 210	Dr. Jones
<b>Lunchtime Chat &amp; Chew</b>	Join ADP faculty and staff for lunch to check in and discuss experiences at the university.	<b>Tuesday, March 6<sup>th</sup></b> <b>12:30-1:30pm</b>	<b>Sykes Food Court</b>	ADP Faculty/Staff
<b>STAY WOKE: The Art of Note Taking</b>	Do you find yourself drifting off in class or not knowing which information to record from class sessions? If so, this workshop will provide tips on how to “stay woke” and take effective notes in class.	<b>Monday, March 26<sup>th</sup></b> 12:00-1:00pm 4:00-5:00pm  <b>Thursday, March 29<sup>th</sup></b> 11:00am-12:00pm 3:30-4:30pm	*All workshops will be held in Sykes, Room 210	Dr. Jones
<b>Lunchtime Chat &amp; Chew</b>	Join ADP faculty and staff for lunch to check in and discuss experiences at the university.	<b>Tuesday, April 24<sup>th</sup></b> <b>12:30-1:30 pm</b>	<b>Sykes Food Court</b>	ADP Faculty/Staff
<b>We Gon’ Be Alright!! The ADP Survival Guide to College Exams</b>	Are you stressed out before taking exams? This ADP workshop will help students learn effective test taking techniques and relaxation exercises to help relieve stress.	<b>Tuesday, April 17<sup>th</sup></b> 12:30-1:30pm 5:00-6:00pm  <b>Wednesday, April 18<sup>th</sup></b> 12:00-1:00pm 4:00-5:00pm	*All workshops will be held in Sykes, Room 210	Dr. Wooten

For more information or to register for a workshop contact: [JWooten@wcupa.edu](mailto:JWooten@wcupa.edu) (610-436-3134) or [TJones2@wcupa.edu](mailto:TJones2@wcupa.edu) (610-436-2504)

\*All West Chester University undergraduate students are welcome to attend academic workshops (highly recommended for ADP students).